

Pediatric-Friendly Exercises

Executive Function

Countdown
Decipher ^{ES}
Hurray for Change ^{ES} [👂]
Ready, Steady, Count
The Right Count [👂]
The Towers of Hanoi
Writing in the Stars ^{ES}

Processing Speed

Catch the Ladybug [👁] [👂]
Two-Timing ^{ES} [👈]
Under Pressure ^{ES} [👁]

Attention

Ancient Writing ^{ES}
Dance with the Fireflies [👁]
Displaced Images [👁] [👂]
Find Your Way [👁]
Gulf Stream [👁] [👂]
Private Eye ^{ES} [👂]

Auditory

Bird Songs ^{ES} [👈] [👂]
Sound Check ^{ES} [👈]
The Squeaking Mouse [👈] [👂]
You've got Voicemail [👈]

Visual Memory

Displaced Characters ^{ES} [👂]
Heraldry ^{ES}
I Remember You! [👂]
N-Back [👂]
Pay Attention
Shapes and Colors ^{ES} [👁] [👂]

Spatial Memory

Chunking ^{ES} [👁] [👂]
Objects, Where are You? ^{ES} [👁] [👂]

Verbal & Visual Memory

An American in Paris ^{ES}
Around the World in 80 Trips ^{ES}
Restaurant ^{ES}

Verbal Memory

Elephant Memory ^{ES}
Root It Out
Seize the Keywords
Split Words ^{ES}
Words, Where Are You? ^{ES}

Visual-Spatial Abilities

Entangled Figures ^{ES} [👁]
Points of View ^{ES}
Sleight of Hands [👁]
Turn Around & Around ^{ES} [👁]

Exercise marked with a [👂] are suitable for young children (ages 4–6). All of the following exercises should be suitable for ages 7–18. We trust in your professional expertise and experience, so please feel free to exercise your best judgment in this matter.