User Guide for Happyneuron Pro

Ready to start training your cognitive skills?

Your cognitive training program is ready for you!
Access it at: happyneuronpro.com/en/login

Your access

Login:

.....

Temporary Password:

.....

Above is your **temporary password** to use for your first login.

After your first login, **you should change the password** in the "My Account" tab to something easy for you to remember.

Your sessions

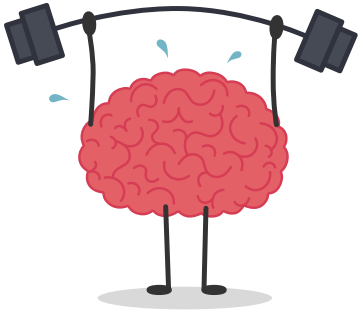
- The program will automatically move from one exercise to the next
- There will be an example of what to expect and some tips for how to complete each exercise
- The level of difficulty for each exercise is based on your results

What days will you complete the exercises?

☐ Mon. ☐ Tue. ☐ Wed. ☐ Thu. ☐ Fri. ☐ Sat. ☐ Sun.

What time of day?

..... AM ☐ PM ☐



Your provider

Your provider's name:

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Contact information:

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